



This leaflet can be supplied in alternative formats if required, e.g. in Braille, in large print, or on tape.

Registered under the Co-operative and Community Benefit Society Act 2014 - Registered No. 2573R(s)

Registered as a Scottish Charity No. SC030751

The Scottish Housing Regulator - No. 313



SBHA Offices

(for advice on Housing related issues, Repairs and Rent Arrears)

SBHA Head Office:

South Bridge House
Whinfield Road
Selkirk TD7 5DT
Tel: 01750 724444
Email: enquiries@sbha.org.uk

Galashiels Area Office:

2-6 Church Street
Galashiels TD1 3JN
Tel: 01896 662870

Hawick Area Office:

West Port
Drumlanrig Square
Hawick TD9 0BG
Tel: 01450 360650



Welfare Benefits and Debt Advice for SBHA Tenants



Debbie Mzee - SBHA's Welfare Benefits and Debt Advice Officer

Do you need Help and Advice with:

- Paying your rent/arrears?
- Prioritising your debts?
- Sticking to your budget?
- Completing Benefit Forms/what benefits to apply for?
- Housing Benefit issues/Housing Benefit overpayments?
- Managing your existing income?

SBHA'S Welfare Benefits Advisers can:

- Give information and advice to SBHA Tenants/Applicants on Welfare Benefits and Housing Benefit.
- Work out your entitlement to Housing Benefit or any other Benefits you could claim;
- Provide a basic debt advice service to Tenants who may be in financial difficulty;
- Advise on the most appropriate agencies/organisations that could assist you;
- Provide a Benefit and financial "health check".



If you need assistance, please contact us on the number below.

We can visit you at home or meet you privately in one of our local offices.

Daytime and early evening appointments can be arranged to suit your requirements.

Tel: 01750 724444

Debbie Mzee

Welfare Benefits and Debt Advice Officer

e-mail - dmzee@sbha.org.uk

Direct Dial - 01750 724435

Useful telephone numbers are also listed here:

Citizens' Advice Bureau (CAB):

For advice on Consumer, Employment, Housing, personal, Legal, Tax and a wide range of other issues:

Galashiels	-	01896 753889
Hawick	-	01450 374266
Jedburgh	-	01835 863554
Kelso	-	01573 223516
Peebles	-	01721 721722

Local Council Offices:

For advice on Council Tax and Housing Benefits, Planning and Development, Roads, Environmental Health, etc.

One Call Number - 0300 100 1800

Attendance Allowance/ Disability Living Allowance:

0345 605 6055

Department of Works and Pensions:

01896 612400

Jobcentre Plus:

Benefit Enquiries:

0345 608 8545

Benefit Claims:

0800 055 6688

Migrant Support:

01896 661385

Pension Credit - to claim:

0800 99 1234

Pension Credit - to discuss claim:

0845 60 60 265

SBC Homelessness Service:

Freephone 0800 376 1138

Tax Credits:

0345 300 3900

Trading Standards, Melrose:

0300 100 1800

SBC Welfare Benefits Office:

01896 661394